

Heather R. Porter, PhD, CTRS, FDRT

Curriculum Vitae

EDUCATION

2009; Ph.D. Health Studies (Recreational Therapy and Public Health), Temple University
1998; M.S. Counseling Psychology with Specialization in Marriage and Family Therapy, Chestnut Hill College
1992; B.S. (dual degree Leisure Studies (Recreational Therapy & Sport/Recreation Management), Temple University

SPECIALTY CERTIFICATION

1992-Present; Certified Therapeutic Recreation Specialist (#15217), NCTRC
2020; CPH Online Teacher Training, Temple University
2012; Virtual Teaching Certificate; Temple University
1998; Marriage and Family Therapy Certificate, Chestnut Hill College
1997; Rehabilitation Leadership Certificate, Bryn Mawr Rehab Hospital
1997; Sexuality Counseling for Physical Disabilities Certificate, Bryn Mawr Rehab Hospital

CLINICAL EXPERIENCE

1996-2006; Recreational Therapy Clinical Specialist; Bryn Mawr Rehab Hospital, Malvern, PA
1994-1996; Recreational Therapist and Intern Coordinator; Bryn Mawr Rehab Hospital, Malvern, PA
1992-1994; Recreational Therapist; Moss Rehab Hospital, Philadelphia, PA

TEACHING

Academic Appointments

Temple University, College of Public Health, Dept. of Health & Rehabilitation Sciences, Recreational Therapy Program

2020-Present; Full Professor (NTT)
2016-2017; Interim Co-Program Director
2015-2020; Associate Professor of Instruction (NTT)
2009-2015; Assistant Professor of Instruction (NTT)
2006-2008; Graduate Assistant
1999-2009; Adjunct Instructor
1997-1999; Guest Lecturer

University of Phoenix, College of Applied Science, Psychology Program

2008-2009; Facilitator/Instructor

Courses Taught

Temple University Undergraduate Courses

RCTH 2103 Foundations of RT Practice
RCTH 2104 RT Modalities
RCTH 3101/3096 Assessment & Documentation in RT
RCTH 3185 Internship I in RT
RCTH 3801 Physical & Neurological Health Conditions Across the Lifespan
RCTH 4096 Research & Evaluation in RT
RCTH 4103 Professional Issues in RT
RCTH 4111 Administration of RT
RCTH 4185 Internship II in RT
RCTH 4211 RT & Physical Disabilities

Temple University (Graduate Courses)

DPT 518 Psychosocial Aspects of Wellness & Illness
RCTH 5102 RT: Now and Then (previously Orientation to RT)
RCTH 5211 RT & Physical Rehabilitation
RCTH 5213 Therapeutic Play, Recreation, and Children's Health

RCTH 5250 Special Topics in RT: Advanced RT Treatment in PMR
RCTH 5271 RT & Disabilities Seminar II
RCTH 5302 Evidence Based Practice in RT II
RCTH 5382 Independent Study: Assessment & Documentation
RCTH 5442 Program Planning & Practice in RT
RCTH 5787 RT Practicum
HRPR 8985 Teaching in Higher Education: Health Professions
THRC 9995 Master's Project in RT
University of Phoenix (Undergraduate Courses)
PSY 300 Introduction to Psychology

RESEARCH

Grants

1. 2009; Dissertation Completion Grant, \$8,000 grant from Temple University
2. 2009; Community Economic & Development Grant, \$29,000 grant from City of Philadelphia to renovate local elementary school computer lab

Research Projects within the Undergraduate RT PROGRAM

1. Kayla Fili; Spring 2019 & Fall 2019
Title: Clinical Practice Guidelines for RT Treatment of Adult Stroke
Outcome: Two regional conferences (see Presentations) and synthesized guidelines document
2. Julia Olek & Christina Rennie; Spring 2019 & Fall 2019
Title: Clinical Practice Guidelines for RT Treatment of Rheumatoid Arthritis
Outcome: Two regional conferences (see Presentations) and synthesized guidelines document
3. Kelly McKenzie & Gabrielle Savidge; Spring 2019 & Fall 2019
Title: Clinical Practice Guidelines for RT Treatment of Total Joint Replacement
Outcome: Two regional conferences (see Presentations) and synthesized guidelines document
4. Miryam Surden & Julie McCarthy; Spring 2019 & Fall 2019
Title: Clinical Practice Guidelines for RT Treatment of Parkinson's Disease
Outcome: Two regional conferences (see Presentations) and synthesized guidelines document
5. Elizabeth Forcellini, Katrina McGrath, & Janelle Moody; Spring 2017
Title: Adaptive Sports for Decreasing Sedentary Behavior in Veterans with Combat-Related Amputations
Outcome: One regional conference (see Presentations) and knowledge translation document
6. Marykate Gallagher & Gabrielle Martin; Spring 2017
Title: Aquatic Therapy for Gross Motor Functioning Among Children with Cerebral Palsy
Outcome: One regional conference (see Presentations) and knowledge translation document
7. Caitlin Skotarczak & Zoe Stueck; Spring 2017
Title: Bibliotherapy for Negative Symptoms of Schizophrenia
Outcome: One regional conference (see Presentations) and knowledge translation document
8. Laura Puma & Madeline Woltemate; Spring 2017
Title: Music Interventions for Social Skills in Children with Autism
Outcome: One regional conference (see Presentations) and knowledge translation document
9. Alyssa Daly & Roxanne Garcia; Spring 2017
Title: Non-Pharmacological Interventions for Agitation and Aggression in Alzheimer's
Outcome: One regional conference (see Presentations) and knowledge translation document
10. Rebecca Marinucci & Julie Verrall; Spring 2017
Title: Wii Video Games for Functioning in Older Adults with Dementia
Outcome: One regional conference (see Presentations) and knowledge translation document

Research Projects within the Graduate RT PROGRAM

1. Emily Bowman, Hannah Goodno, Grace Maher, Ashley Opitz, Isabel Swingle, Chelsea Titlow, & Nicholas Wahl; Fall 2020 & Spring 2021
Title: Systematic Review on the Efficacy of Leisure Education and Counseling on Meaningful Activity Engagement & Health Outcomes of Adult Stroke Post-Acute Rehabilitation
2. Gabriella Brown & Kelly Valentine; Spring 2021
Title: A Nintendo Will Evidence-Based Program Plan to Improve Balance and Minutes of Physical Activity Engagement in Adolescents with Cerebral Palsy
3. Alexis Gonzales, Devon Fetterman, & Chelsea Titlow; Spring 2021
Title: A Nintendo Will Evidence-Based Program Plan to Improve Fine Motor Skills and Aerobic Capacity in Adolescents with Cerebral Palsy
4. Ilana Konel, Grace Maher, & Madeline Watson; Spring 2021
Title: A Nintendo Will Evidence-Based Program Plan to Improve Balance and Aerobic Capacity in Children Age 6-12 with Cerebral Palsy
5. Kelsey Holley, Ashley Opitz, & Addie Synder; Spring 2021
Title: An Aquatic Evidence-Based Program Plan to Improve Social Skills in Individuals 10-21 with Autism Spectrum Disorder
6. Hannah Goodno & Cassie Jensen; Spring 2021
Title: A Horticulture Evidence-Based Program Plan to Reduce Agitation in Older Adults with Dementia
7. Morgan Jones, Rosie O'Donnell, & Nicholas Wahl; Spring 2021
Title: A Group Exercise Evidence-Based Program Plan to Reduce Depression in Older Adults with Dementia
8. Victoria DeFazio; Spring 2016
Title: Barriers and Facilitators to Physical Activity Engagement by Youth with Cerebral Palsy
9. Joanna King; Spring 2016
Title: Outcomes of Engagement in Therapeutic Recreation Camps for Youth with Cancer
10. Amanda Stuhl; Spring 2016
Title: Riding the Waves: Therapeutic Surfing to Improve Social Skills in Children with Autism
11. Kelly Decker; Spring 2015
Title: Outcomes of Pediatric Burn Camps: A Literature Review
12. Joe Lin; Spring 2014
Title: Balance Confidence and Social Activity in Older Adults with Lower Extremity Amputation: A Systematic Review
13. Julianne Holbert (married name Hirst); Spring 2013
Title: Obesity Management in Spinal Cord Injury Through Leisure Time Physical Activity
14. Kristen Hartman; Spring 2013
Title: Benefits of Social Support for Individuals with Spinal Cord Injury
15. Morgan Ferrante; Spring 2013
Title: Behavior Management in Children and Adolescents with Traumatic Brain Injury through Antecedent Interventions within Applied Behavior Analysis
16. Eric Tosti; Spring 2013
Title: Therapeutic Benefits of Sports Participation for Individuals with Combat Related Lower Extremity Amputation

Master's Research Projects within the Graduate RT PROGRAM

1. Victoria DeFazio & McKenzie Seaton (Primary Advisor); Fall 2017/Spring 2018
Title: Effectiveness of Anger Management Interventions for Adults with Traumatic Brain Injury: A Systematic Review
2. Kendra Smith (Primary Advisor); Spring 2017
Title: An Evidence-Based Handcycling Guide for Individuals with Spinal Cord Injury
3. Rachael Borders (Secondary Advisor); Spring 2017
Title: Leisure Education Programming for Community-Dwelling Older Adults with Stroke: A Systematic Review

4. Brooke Prout (Primary Advisor); Summer 2016
Title: Psychosocial Outcomes of Participation in Adaptive Sports for Adults with Spinal Cord Injury: A Systematic Review
5. Cassandra Watts (Primary Advisor); Spring 2016
Title: Utilization of the Community Access and Navigation (I-CAN) Model for Transition-Age Youth with Intellectual and Developmental Disabilities
6. Sophia Kenuk (Primary Advisor); Spring 2016
Title: The Outcomes of Mindfulness-Based Interventions for Adults with Traumatic Brain Injury: A Systematic Review
7. Victoria Cooper (Primary Advisor); Spring 2015
Title: A Comparison of the Scope of Practice of Recreational Therapy and Child Life to Identify Areas for Collaboration and Future Research
8. Katelyn Byrnes (Secondary Advisor); Spring 2015
Title: The Effects of Using a Multi-Sensory VECTA Portable Machine in Older Adults with Dementia for Behavior Management
9. Rosemary Price (Secondary Advisor); Spring 2014, Summer 2014, Fall 2014, Spring 2015, & Summer 2015
Title: The Impact of Medical Play Interventions vs. Free Play on Physiological and Self-Reported Anxiety Levels in Children with Chronic Illnesses in an Outpatient Hematology Clinic
10. Julianne Hirst (Primary Advisor); Spring 2014
Title: Physical Activity Levels, Mood, and Combat-Related Acquired Brain Injury: A Cross-Sectional Examination of Operation Iraqi Freedom & Operation Enduring Freedom Service Members
11. Kristen Hartman (Primary Advisor); Spring 2014 & Summer 2014
Title: The Impact of Outdoor Programming on Positive Affect and Perceived Self-Awareness in Veterans with Traumatic Brain Injury
12. Morgan Ferrante (Primary Advisor); Spring 2014, Summer 2014, & Fall 2014
Title: An Exploration of Recreational Therapy in the Veterans Health Administration's Polytrauma System of Care
13. Delia Bancroft (Secondary Advisor); Spring 2013, Summer 2013, & Fall 2014
Title: Online Needs Assessment Survey: Increasing Physical Activity in Participants Diagnosed with Psychiatric Disabilities
14. Katelynn Ropars (Primary Advisor); Spring 2013
Title: Social Skills Training for Children with Developmental Disabilities: Evidence-Based Practice
15. Jenna Costello (Primary Advisor); Spring 2013
Title: Multi-Sensory Motor Interventions for Behavior Management in Individuals with Dementia in Residential Settings: Evidence-Based Practice
16. Tacy Bradbury (Primary Advisor); Spring 2012
Title: Do Parents/Caregivers of Children with Cerebral Palsy Recognize Therapeutic Horseback Riding as a Vehicle for Social Skills Enhancement?
17. Corey Isch (Secondary Advisor); Spring 2012
Title: Using Facebook with Adolescents with Traumatic Brain Injury: A Novel Way to Promote Social Connectedness

Dissertations at TEMPLE UNIVERSITY

1. Meng-Shan Lee (PhD candidate; Temple University; Boyer College); 2020-Present
My role: Dissertation Committee Member
Title: The Effect of Music Therapy on Psychosocial Needs for People with Acquired Brain Injuries (ABI) and their caregivers in acute rehabilitation

Dissertations at OTHER UNIVERSITIES

1. Shintaro Kono (PhD candidate in the Faculty of Physical Education and Recreation; University of Alberta, Canada); 2016
My role: Member, Expert Review Panel for a new leisure and well-being scale
Outcome: Scale was utilized and published: Kono, S. & Walker, G. (2019). Theorizing ikigai or life worth living among Japanese university students: A mixed-methods approach. *Journal of Happiness Studies*.
<https://doi-org.libproxy.temple.edu/10.1007/s10902-019-00086-x>

Research Studies with PROFESSIONAL ORGANIZATIONS

1. American Therapeutic Recreation Association's (ATRA) Recreational Therapy Delphi and Competencies Study (IRB2016-198); Heather Porter, Temple University; Brent Hawkins, Clemson University; & Betsy Kemeny, Slippery Rock University (all equal investigators).
2. ATRA's ICF Use Survey, 2011; Designed, implemented, compiled, & disseminated ICF use survey to ATRA members; outcomes shared with ATRA for internal committee use.

RT Wise Owls (www.rtwiseowls.com)

1. 2013-Present; RT Wise Owls Publication Coordinator (database & resource center)
2. 2016-Present; Chair, RT Wise Owls Research Lab

PUBLICATIONS

Dissertation

1. Porter, H. (2009). *Developing a Leisure Meanings Gained and Outcomes Scale (LMGOS) and Exploring Associations of Leisure Meanings to Leisure Time Physical Activity Adherence among Adults with Type 2 Diabetes*. Temple University: Phila., PA (ProQuest # 3359696).

Peer-Reviewed Journal Articles

* = Publication with student

1. **Porter, H.**, Goodno, H., Wahl, N., Bowman, E., Titlow, C., Opitz, A., Maher, G., Swingle, I., & Roth, S. (in review). Efficacy of leisure education and leisure counseling interventions on meaningful activity engagement and health outcomes in the adult stroke post-acute rehabilitation population: A systematic review. *Activities, Adaptation & Aging*.
2. **Porter, H.**, Hawkins, B., & Kemeny, B. (2020). Recreational therapy competencies, part I: The ATRA delphi and competencies study. *Therapeutic Recreation Journal*, 54(4), 391-401.
3. Hawkins, B., Kemeny, B., & **Porter, H.** (2020). Recreational therapy competencies, part 2: Findings from the ATRA competencies study. *Therapeutic Recreation Journal*, 54(4), 402-435.
4. Seaton, M.*, DeFazio, V.*, & **Porter, H.** (2018). Efficacy of anger management interventions for adults with traumatic brain injury: A systematic review. *American Journal of Recreation Therapy*, 17(20), 27-36.
5. Watts, C.*, **Porter, H.**, & Snethen, G. (2017). Utilization of the I-CAN model for transition-age youth with intellectual and developmental disabilities. *American Journal of Recreation Therapy*, 16(4), 37-47.
6. Kenuk, S.* & **Porter, H.** (2017). The outcomes of mindfulness-based interventions for adults who have experienced a traumatic brain injury: A systematic review. *American Journal of Recreation Therapy*, 16(2), 9-19.
7. Prout, B.* & **Porter, H.** (2017). Psychosocial outcomes of participation in adaptive sports for adults with spinal cord injuries: A systematic review of the literature. *American Journal of Recreation Therapy*, 16(1), 39-47.
8. King, J.* & **Porter, H.** (2016). Outcomes of camp participation for youth with cancer. *Therapeutic Recreation Journal*, 50(4), 335-339.
9. DeFazio, V.* & **Porter, H.** (2016). Barriers and facilitators to physical activity for youth with cerebral palsy. *Therapeutic Recreation Journal*, 50(4), 327-334.
10. Cooper, V.* & **Porter, H.** (2016). A comparison of the scope of practice of recreational therapy and child life to identify areas for collaboration and future research. *American Journal of Recreation Therapy*, 15(2), 13-28.

11. Stuhl, A.* & **Porter, H.** (2015). Riding the waves: Therapeutic surfing to improve social skills training in children with autism. *Therapeutic Recreation Journal*, 49(3), 253-256
12. Ferrante, M.* & **Porter, H.** (2015). An exploration of recreational therapy in the veterans health administration polytrauma system of care. *American Journal of Recreation Therapy*, 14(1), 23-34.
13. Hartman, K.* & **Porter, H.** (2015). The relationship among whitewater kayaking, positive affect, and perceived self-awareness: A case study of a Vietnam veteran. *American Journal of Recreation Therapy*, 13(2), 41-47.
14. Hirst, J.* & **Porter, H.** (2015). Obesity management in spinal cord injury through leisure time physical activity. *Therapeutic Recreation Journal*, 49(1), 76-79
15. Hirst, J.* & **Porter, H.** (2014). Physical activity levels, mood, and combat-related acquired brain injury: A cross-sectional examination of Operation Iraqi Freedom & Operation Enduring Freedom service members. *American Journal of Recreation Therapy*, 13(4), 7-16.
16. **Porter, H.** (2014). RT Wise Owls: A recreational therapy website for evidence-based practice resources and tools. Invited "review" by the editor of the *Therapeutic Recreation Journal*, 48(4), 332-333
17. Iwasaki, Y., Coyle, C., Shank, J., Messina, E., **Porter, H.**, Salzer, M., Baron, D., Kishbauch, G., Naveiras-Cabello, R., Mitchell, L., Ryan, A., & Koons, G. (2014). Role of leisure in recovery from mental illness. *American Journal of Psychiatric Rehabilitation*, 17(2), 147-165
18. Iwasaki, Y., Coyle, C., Shank, J., Messina, E., & **Porter, H.** (2013). Leisure-generated meanings and active living for persons with mental illness. *Rehabilitation Counseling Bulletin*, 57, 46-56
19. **Porter, H.**, Shank, J. & Iwasaki, Y. (2012). Promoting a collaborative approach with recreational therapy to improve physical activity engagement in type 2 diabetes. *Therapeutic Recreation Journal, Special Issue Part I: Collaborative Practices and Physical Activity*, 46(3), 202-217
20. **Porter, H.**, Iwasaki, Y., & Shank, J. (2011). Conceptualizing meaning-making through leisure experiences. *Society & Leisure*, 33(2), 167-194
21. **Porter, H.** & Van Puymbroek, M. (2007). Utilization of the international classification of functioning, disability, and health within therapeutic recreation practice. *Therapeutic Recreation Journal*, 41(1), 47-60

Peer-Reviewed Open-Access Online Publications

* = Publication with student

1. DeFazio, V.* & **Porter, H.** (2016). Barriers and facilitators to physical activity for youth with cerebral palsy. *RT Wise Owls* (www.rtwiseowls.com).
2. King, J.* & **Porter, H.** (2016). Outcomes of camp participation for youth with cancer. *RT Wise Owls* (www.rtwiseowls.com).
3. Stuhl, A.* & **Porter, H.** (2015). Riding the waves: Therapeutic surfing to improve social skills for children. *RT Wise Owls* (www.rtwiseowls.com).
4. Lin, C.* & **Porter, H.** (2014). Balance confidence and social activity in older adults with lower extremity amputation: A systematic review. *RT Wise Owls* (www.rtwiseowls.com).
5. Holbert, J.* & **Porter, H.** (2013). Obesity management in spinal cord injury through leisure time physical activity. *RT Wise Owls* (www.rtwiseowls.com).
6. Hartman, K.* & **Porter, H.** (2013). Benefits of social support for individuals with spinal cord injury. *RT Wise Owls* (www.rtwiseowls.com).
7. Ferrante, M.* & **Porter, H.** (2013). Behavior management in children and adolescents with traumatic brain injury through antecedent interventions within applied behavior analysis. *RT Wise Owls* (www.rtwiseowls.com).
8. Tosti, E.* & **Porter, H.** (2013). Therapeutic benefits of sports participation for individuals with combat related lower extremity amputations. *RT Wise Owls* (www.rtwiseowls.com).
9. Costello, J.* & **Porter, H.** (2013). Multi-sensory motor interventions for behavior management in individuals with dementia in residential care. *RT Wise Owls* (www.rtwiseowls.com).
10. Ropars, K.* & **Porter, H.** (2013). Social skills training for children and adolescents with developmental disabilities. *RT Wise Owls* (www.rtwiseowls.com).

Blogs

1. **Porter, H.** (2021). Creating a profession-specific niche website and database with students: A positive project. *Temple University's Center for the Advancement of Teaching EDvice Exchange*.
2. **Porter, H.** (2021). Positive projects: Cultivating positive emotions for enhanced learning and professional growth. *Temple University's Center for the Advancement of Teaching EDvice Exchange*.

Commentaries

1. **Porter, H.** (2018). Book review rebuttal: RT for specific diagnoses and conditions. *American Journal of Recreation Therapy*, 17(4), 9-10.

Book Editor & Author

1. **Porter, H.**, Hawkins, B., & Kemeny, B. (2019). *ATRA's competencies in recreational therapy practice: Results from the 2019 ATRA delphi & competencies study*. American Therapeutic Recreation Association: Reston, VA. ISBN: 978-1-7346280-0-5
2. **Porter, H.** (2016). *Recreational therapy and the international classification of functioning, disability, and health*. Enumclaw, WA: Idyll Arbor, Inc. ISBN: 978-1882883950
Managed one contributor. Authored 5 chapters (see Book Chapters below for list of chapters) and contributor wrote one chapter.
3. **Porter, H.** (2016). *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc. ISBN: 978-1882883974
Managed 30 contributors, 3 reviewers, & 14 research and editing assistants. Authored 25 chapters & co-authored 4 chapters (see Book Chapters below for list of chapters written) and contributors authored 22 chapters.
4. **Porter, H.** (2015). *Recreational therapy for specific diagnoses and conditions*. Enumclaw, WA: Idyll Arbor, Inc. ISBN: 978-1882883967
Managed 41 contributors, 3 reviewers, & 15 research and editing assistants. Authored 12 chapters & co-authored 4 chapters (see Book Chapters below for list of chapters written) and contributors authored 23 chapters.
5. **Porter, H.** & Burlingame, J. (2006). *Recreational therapy handbook of practice: ICF-based diagnosis and treatment*. Enumclaw, WA: Idyll Arbor, Inc. ISBN: 978-1882883530
Authored approximately 80% of the book. Co-author wrote approximately 20% of the book.
Text is utilized by the National Council for Therapeutic Recreation Certification in the development of exam items for the national certification exam.

Book Chapters

* = Publication with student, ** = Publication with adjunct instructor (mentoring)

1. **Porter, H.** (2019). Chapter 11: The International Classification of Functioning Disability and Health. In K. Giannangelo (Ed.). *Healthcare Code Sets, Clinical Terminologies, and Classification Systems, 4th edition*. Chicago, IL: American Health Information Management Association.
2. **Porter, H.**, Van Puymbroeck, M., & McCormick, B. (2017). The role of the International Classification of Functioning, Disability, and Health (ICF) in recreational therapy practice, research, and education. In N. Stumbo (Ed.). *Professional Issues in Therapeutic Recreation, 3rd edition*. Sagamore Publishing.
3. **Porter, H.** (2016). Introduction to the ICF. In H. Porter (Ed.). *Recreational therapy and the international classification of functioning, disability, and health*. Enumclaw, WA: Idyll Arbor, Inc.
4. **Porter, H.** (2016). Body functions. In H. Porter (Ed.). *Recreational therapy and the international classification of functioning, disability, and health*. Enumclaw, WA: Idyll Arbor, Inc.
5. **Porter, H.** (2016). Body structures. In H. Porter (Ed.). *Recreational therapy and the international classification of functioning, disability, and health*. Enumclaw, WA: Idyll Arbor, Inc.
6. **Porter, H.** (2016). Activities and participation. In H. Porter (Ed.). *Recreational therapy and the international classification of functioning, disability, and health*. Enumclaw, WA: Idyll Arbor, Inc.
7. **Porter, H.** (2016). Environmental factors. In H. Porter (Ed.). *Recreational therapy and the international classification of functioning, disability, and health*. Enumclaw, WA: Idyll Arbor, Inc.

8. **Porter, H.** (2016). Chapter 1: Activity and task analysis. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc.
9. **Porter, H.** (2016). Chapter 2: Adjustment/response to disability. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc.
10. **Porter, H.** (2016). Chapter 3: Body mechanics and ergonomics. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc.
11. **Porter, H.** (2016). Chapter 4: Consequences of inactivity. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc.
12. **Porter, H.** (2016). Chapter 5: Education and counseling. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc.
13. **Porter, H.** (2016). Chapter 6: Parameters and precautions. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc.
14. **Porter, H.** (2016). Chapter 7: Participation. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc.
15. **Porter, H.** (2016). Chapter 8: Psychoneuroimmunology. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc.
16. **Porter, H.** (2016). Chapter 9: Stress. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc.
17. **Porter, H.** (2016). Chapter 10: Theories, models, and concepts. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc.
18. **Porter, H.** (2016). Chapter 11: Activity pattern development. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc.
19. **Porter, H.** (2016). Chapter 18: Balance training. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc.
20. **Porter, H.** (2016). Chapter 22: Cognitive retraining and rehabilitation. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc.
21. **Porter, H.** (2016). Chapter 23: Community participation: Transition, inclusion, integration, and reintegration. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc.
22. **Porter, H.** (2016). Chapter 24: Community problem solving. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc.
23. **Porter, H.** (2016). Chapter 27: Energy conservation techniques. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc.
24. **Porter, H.** (2016). Chapter 32: Leisure resource awareness. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc.
25. **Porter, H. & Sciolla, J.**** (2016). Chapter 34: Medical play and preparation. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc.
26. **Bower, G.* & Porter, H.** (2016). Chapter 36: The Montessori method. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc.
27. **Porter, H.** (2016). Chapter 37: Motor learning and training strategies. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc.
28. **Porter, H.** (2016). Chapter 39: Physical activity. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc.
29. **Weybright, E. & Porter, H.** (2016). Chapter 41: Reminiscence. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc.
30. **Porter, H.** (2016). Chapter 42: Sensory interventions. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc.
31. **Porter, H.** (2016). Chapter 43: Sexual well-being. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc.
32. **Ropars, K.* & Porter, H.** (2016). Chapter 44: Social skills training. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc.
33. **Porter, H.** (2016). Chapter 45: Stress management and coping. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc.

34. **Porter, H.** (2016). Chapter 48: Transfers. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc.
35. **Porter, H.** (2016). Chapter 50: Walking and gait training. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc.
36. **Porter, H.** (2016). Chapter 51: Wheelchair mobility. In H. Porter (Ed.), *Recreational therapy basics, techniques, and interventions*. Enumclaw, WA: Idyll Arbor, Inc.
37. **Porter, H.** (2015). Chapter 11: The International Classification of Functioning Disability and Health. In the Healthcare Code Sets, Clinical Terminologies, and Classification Systems. *American Health Information Management Association*, Kathy Giannangelo (editor)
38. Elokda, K. & **Porter, H.** (2015). Chapter 1: Amputation. In H. Porter (Ed.), *Recreational therapy for specific diagnoses and conditions* (pp. 5-26). Enumclaw, WA: Idyll Arbor, Inc.
39. **Porter, H.** (2015). Chapter 2: Attention-Deficit/Hyperactivity Disorder. In H. Porter (Ed.), *Recreational therapy for specific diagnoses and conditions* (pp. 27-38). Enumclaw, WA: Idyll Arbor, Inc.
40. **Porter, H.** (2015). Chapter 4: Back disorders and pain. In H. Porter (Ed.), *Recreational therapy for specific diagnoses and conditions* (pp. 51-58). Enumclaw, WA: Idyll Arbor, Inc.
41. **Porter, H.** (2015). Chapter 6: Burns. In H. Porter (Ed.), *Recreational therapy for specific diagnoses and conditions* (pp. 69-78). Enumclaw, WA: Idyll Arbor, Inc.
42. **Porter, H.** (2015). Chapter 7: Cancer. In H. Porter (Ed.), *Recreational therapy for specific diagnoses and conditions* (pp. 79-84). Enumclaw, WA: Idyll Arbor, Inc.
43. **Porter, H.** (2015). Chapter 10: Chronic Obstructive Pulmonary Disease. In H. Porter (Ed.), *Recreational therapy for specific diagnoses and conditions* (pp. 115-120). Enumclaw, WA: Idyll Arbor, Inc.
44. **Porter, H.** (2015). Chapter 11: Diabetes Mellitus. In H. Porter (Ed.), *Recreational therapy for specific diagnoses and conditions* (pp. 121-130). Enumclaw, WA: Idyll Arbor, Inc.
45. **Porter, H.** & Jake, L. (2015). Chapter 13: Feeding & eating disorders. In H. Porter (Ed.), *Recreational therapy for specific diagnoses and conditions* (pp. 141-152). Enumclaw, WA: Idyll Arbor, Inc.
46. **Porter, H.** (2015). Chapter 14: Fibromyalgia and Juvenile Fibromyalgia. In H. Porter (Ed.), *Recreational therapy for specific diagnoses and conditions* (pp. 153-160). Enumclaw, WA: Idyll Arbor, Inc.
47. **Porter, H.** (2015). Chapter 16: Generalized Anxiety Disorder. In H. Porter (Ed.), *Recreational therapy for specific diagnoses and conditions* (pp. 169-174). Enumclaw, WA: Idyll Arbor, Inc.
48. **Porter, H.** (2015). Chapter 17: Guillain-Barre Syndrome. In H. Porter (Ed.), *Recreational therapy for specific diagnoses and conditions* (pp. 175-180). Enumclaw, WA: Idyll Arbor, Inc.
49. **Porter, H.** (2015). Chapter 19: Heart Disease. In H. Porter (Ed.), *Recreational therapy for specific diagnoses and conditions* (pp. 195-200). Enumclaw, WA: Idyll Arbor, Inc.
50. **Porter, H.**, Wiggins, B., & Haynes, N. (2015). Chapter 28: Parkinson's Disease. In H. Porter (Ed.), *Recreational therapy for specific diagnoses and conditions* (pp. 295-308). Enumclaw, WA: Idyll Arbor, Inc.
51. **Porter, H.** (2015). Chapter 30: Pressure ulcers. In H. Porter (Ed.), *Recreational therapy for specific diagnoses and conditions* (pp. 321-326). Enumclaw, WA: Idyll Arbor, Inc.
52. **Porter, H.** (2015). Chapter 37: Total joint replacement. In H. Porter (Ed.), *Recreational therapy for specific diagnoses and conditions* (pp. 399-406). Enumclaw, WA: Idyll Arbor, Inc.
53. Long, D., Gregory, D., & **Porter, H.** (2015). Chapter 38: Traumatic brain injury. In H. Porter (Ed.), *Recreational therapy for specific diagnoses and conditions* (pp. 407-416). Enumclaw, WA: Idyll Arbor, Inc.
54. Van Puymbroek, M., **Porter, H.**, McCormick, B., & Singleton, J. (2009). The international classification of functioning, disability, and health in therapeutic recreation practice. In *Professional Issues in Therapeutic Recreation* (pp 43-57). Stumbo, N. (Ed.). Sagamore Publishing.

Technical Reports for Professional Organization Members Only

1. Hawkins, B., **Porter, H.**, & Kemeny, B. (2017). *Physical rehabilitation and medical: ATRA delphi and competencies study research update*. American Therapeutic Recreation Association: Reston, VA.
2. Hawkins, B., **Porter, H.**, & Kemeny, B. (2017). *Community: ATRA delphi and competencies study research update*. American Therapeutic Recreation Association: Reston, VA.
3. Hawkins, B., **Porter, H.**, & Kemeny, B. (2017). *Older adults: ATRA delphi and competencies study research update*. American Therapeutic Recreation Association: Reston, VA.

4. Hawkins, B., **Porter, H.**, & Kemeny, B. (2017). *Behavioral health: ATRA delphi and competencies study research update*. American Therapeutic Recreation Association: Reston, VA.
5. Hawkins, B., **Porter, H.**, & Kemeny, B. (2017). *Child and adolescent: ATRA delphi and competencies study research update*. American Therapeutic Recreation Association: Reston, VA.
6. Hawkins, B., **Porter, H.**, & Kemeny, B. (2017). *Veterans: ATRA delphi and competencies study research update*. American Therapeutic Recreation Association: Reston, VA.
7. Hawkins, B., **Porter, H.**, & Kemeny, B. (2017). *Schools: ATRA delphi and competencies study research update*. American Therapeutic Recreation Association: Reston, VA.

Manual Chapters

1. **Porter, H.** (1997). Importance of staying active. In Bryn Mawr Rehab Spinal Cord Committee (Eds.), *Spinal cord education manual* (pp. unknown). Malvern, PA: Bryn Mawr Rehab Hospital
2. **Porter, H.** (1997). Recreation and leisure resources. In Bryn Mawr Rehab Spinal Cord Committee (Eds.), *Spinal cord education manual* (pp. unknown). Malvern, PA: Bryn Mawr Rehab Hospital

Newsletter Articles

1. **Porter, H.**, Hawkins, B., & Kemeny, M (2020). Now available! ATRA's competencies in RT practice. *American Therapeutic Recreation Association, Summer 2020 Newsletter*
2. **Porter, H.** (2016). Looking for evidence-based practice? Go to RT Wise Owls! *Recreational Therapy Today, August 2016 Newsletter*.
3. **Porter, H.** (2016). RT licensure in Pennsylvania update. *Pennsylvania Therapeutic Recreation Society, Spring 2016 Newsletter*
4. **Porter, H.** (2016). Errorless learning and forward chaining. *American Therapeutic Recreation Association, Spring 2016 Newsletter*
5. **Porter, H.** (2014). Recreational therapy licensure in Pennsylvania. *American Therapeutic Recreation Association, Summer 2014 Newsletter*
6. **Porter, H.** (2014). Ipad resources. *American Therapeutic Recreation Association, Spring 2014 Newsletter*
7. **Porter, H.** (2014). Evidence based practice toolkits added to the RT Wise Owls blog. *American Therapeutic Recreation Association, Spring 2014 Newsletter*
8. **Porter, H.** (2013). Recreational therapy in the school system: Identified as top priority for transitioning youth with disabilities. *American Therapeutic Recreation Association, Fall 2013 Newsletter*
9. **Porter, H.** (2013). Recreational therapy in the school system: Identified as top priority for transitioning youth with disabilities. *New Jersey/Eastern Pennsylvania Therapeutic Recreation Association, Fall 2013 Newsletter*
10. **Porter, H.** (2013). First annual recreational therapy evidence based practice day conference at Temple University: A great success! *American Therapeutic Recreation Association, Summer 2013 Newsletter*
11. **Porter, H.** (2012). Mendeley groups for recreational therapists. *American Therapeutic Recreation Association, October 2012 Newsletter*
12. **Porter, H.** (2011). The international classification of functioning, disability & health: An overview for recreational therapists. *American Therapeutic Recreation Association, September 2011 Newsletter*

Guides

1. **Porter, H.** (2013). *Recreational therapy evidence-based practice*. An 8-page document for other RT academic programs that explains the benefits of (and how to structure student work and host) an RT evidence-based practice day conference.

Invited Reviewer

1. Journal of Leisure Research
2. Leisure Sciences
3. RT Wise Owls
4. Therapeutic Recreation Journal
5. CommonHealth

Interviews

1. Interviewed by Beckie Supiano 9/25/2020 from *The Chronicle of Higher Education* about teaching online during the COVID pandemic

PRESENTATIONS

International

NOTE: The American Therapeutic Recreation Association (ATRA) has an INTERNATIONAL reach. Starting in 2021 the Recreational Therapy Evidence-Based Practice Day Conference became an INTERNATIONAL virtual conference.

* = Presentation with student

1. Brown, G.*, Valentine, K.*, & **Porter, H.** (2021). A nintendo wii evidence-based program plan to improve balance and minutes of physical activity engagement in adolescents with cerebral palsy. Recreational Therapy Evidence-Based Practice Day Conference; Virtual
2. Gonzales, A.*, Fetterman, D.*, Titlow, C.*, & **Porter, H.** (2021). A nintendo wii evidence-based program plan to improve fine motor skills and aerobic capacity in adolescents with cerebral palsy. Recreational Therapy Evidence-Based Practice Day Conference; Virtual
3. Konel, I.*, Maher, G.*, Watson, M.*, & **Porter, H.** (2021). A nintendo wii evidence-based program plan to improve balance and aerobic capacity in children age 6-12 with cerebral palsy. Recreational Therapy Evidence-Based Practice Day Conference; Virtual
4. Holley, K.*, Opitz, A.*, Synder, A.*, & **Porter, H.** (2021). An aquatic evidence-based program plan to improve social skills in individuals 10-21 with autism spectrum disorder. Recreational Therapy Evidence-Based Practice Day Conference; Virtual
5. Goodno, H.*, Jensen, C.*, & **Porter, H.** (2021). A horticulture evidence-based program plan to reduce agitation in older adults with dementia. Recreational Therapy Evidence-Based Practice Day Conference; Virtual
6. Jones, M.*, O'Donnell, R.*, Wahl, N.*, & **Porter, H.** (2021). A group exercise evidence-based program plan to reduce depression in older adults with dementia. Recreational Therapy Evidence-Based Practice Day Conference; Virtual
7. **Porter, H.**, Hawkins, B., & Kemeny, B. (2020). What's next? Significant steps that follow the ATRA Competencies Study. American Therapeutic Recreation Association Annual Conference; Virtual.
8. Hawkins, B., Kemeny, B., & **Porter, H.** (2019). Complement your RT competence! Results and implications from the ATRA Delphi and Competencies Study. American Therapeutic Recreation Association Annual Conference; Reno, NV.
9. Hawkins, B., Kemeny, B., & **Porter, H.** (2018). Keys to competent practice: Implications from ATRA's delphi and competency study. American Therapeutic Recreation Association Annual Conference; Grand Rapids, MI.
10. **Porter, H.** (2018). Standardized assessment tools in rehabilitation. Invited/accepted presentation for Recreational Therapy students at University of Lethbridge, Canada
11. **Porter, H.** (2017). Standardized assessment tools for RT practice: Part I. Invited/accepted presentation for ATRA Academy Webinar; Hattiesburg, MS.
12. **Porter H.** (2017). Standardized assessment tools in RT practice: Part II. Invited/accepted presentation for ATRA Academy Webinar; Hattiesburg, MS.
13. **Porter, H.** (2016). RT evidence-based practices for community integration, inclusion, and transitioning. Invited/accepted presentation for ATRA Academy Webinar; Hattiesburg, MS.
14. **Porter, H.** (2016). Constraint induced movement therapy (CIMT): A new avenue for RT research. Invited/accepted presentation for ATRA Academy Webinar; Hattiesburg, MS.
15. Holbert, J.* & **Porter, H.** (2013). Obesity management in spinal cord injury through leisure time physical activity. American Therapeutic Recreation Association Annual Conference; Pittsburgh, PA
16. Tosti, E.* & **Porter, H.** (2013). Therapeutic benefits of sports participation for individuals with combat related lower extremity amputation. American Therapeutic Recreation Association Annual Conference; Pittsburgh, PA
17. **Porter, H.** (2013). The International Classification of Functioning, Disability, and Health (ICF) and recreational therapy practice: ICF scoring. Invited/accepted presentation for ATRA Academy Webinar; Hattiesburg, MS.

18. **Porter, H.** (2007). Neuroplasticity interventions for recreational therapy. Invited presentation for ATRA Academy Teleconference; Hattiesburg, MS

National

1. Kemeny, B., Hawkins, B., & **Porter, H.** (2019). ATRA Competency Study: Promoting development of recreational therapists serving older adults. The Gerontological Society of America's 71st Annual Scientific Meeting; Austin, TX.
2. **Porter, H.** (2018). Using and building evidence-based practice in RT. Invited presentation for the Oklahoma Recreational Therapy Association Annual Conference, Online
3. **Porter, H.** & Burlingame, J (2005). The international classification of functioning, disability, and health: New directions for therapeutic recreation practice. Submitted presentation for the Mid-Eastern Symposium on Therapeutic Recreation; Ocean City, MD.

Regional

* = Presentation with student

1. **Porter, H.**, Fili, K.*, McCarthy, J.*, McKenzie, K.*, Olek, J.*, Rennie, C.*, Savidge, G.*, & Surden, M.* (2019). Clinical practice guidelines for RT treatment of adult stroke, parkinson's, total joint replacement, and rheumatoid arthritis. New Jersey/Eastern Pennsylvania Therapeutic Recreation Association Annual Conference, Edison, NJ.
2. Fili, K.* & **Porter, H.** (2019). Clinical practice guidelines for RT treatment of adult stroke. Recreational Therapy Evidence Based Practice Day Conference, Temple University. Phila., PA
3. Olek, J.*, Rennie, C.*, & **Porter, H.** (2019). Clinical practice guidelines for RT treatment of rheumatoid arthritis. Recreational Therapy Evidence Based Practice Day Conference, Temple University, Phila., PA
4. McKenzie, K.*, Savidge, G.*, & **Porter, H.** (2019). Clinical practice guidelines for RT treatment of total joint replacement. Recreational Therapy Evidence Based Practice Day Conference, Temple University, Phila., PA
5. McCarthy, J.*, Surden, M.*, & **Porter, H.** (2019). Clinical practice guidelines for RT treatment of Parkinson's disease. Recreational Therapy Evidence Based Practice Day Conference, Temple University, Phila., PA
6. **Porter, H.** (2019). "I see you cheating!": Proctorio, technology-based exam proctoring. E-Learning 3.0 Conference, USciences, Phila., PA
7. **Porter, H.** (2019). Findings from ATRA's Delphi & Competencies Study: Implications for Practice. Recreational Therapy Evidence-Based Practice Day Conference, Temple University, Phila., PA
8. Kemeny, B., Hawkins, B., & **Porter, H.** (2019). Keys to competent practice. Slippery Rock University Recreational Therapy Workshop, Slippery Rock, PA
9. **Porter H.** (2018). Standardized assessment tools for older adults: Measuring outcomes to strengthen practice, Part I. Invited presentation for the New Jersey/Eastern Pennsylvania Therapeutic Recreation Association Annual Conference, Edison, NJ.
10. **Porter H.** (2018). Standardized assessment tools for older adults: Measuring outcomes to strengthen practice, Part II. Invited presentation for the New Jersey/Eastern Pennsylvania Therapeutic Recreation Association Annual Conference, Edison, NJ.
11. **Porter H.** (2018). Using and building evidence-based practice in RT. Recreational Therapy Evidence-Based Practice Day Conference, Temple University
12. **Porter, H.** (2018). Neuroplasticity interventions for neurological impairments. Recreational Therapy Evidence-Based Practice Day Conference, Temple University, Phila., PA
13. Daly, A.*, Garcia, R.*, & **Porter, H.** (2017). Non-pharmacological interventions for agitation and aggression in alzheimer's. Recreational Therapy Evidence-Based Practice Day Conference, Temple University, Phila., PA
14. Skotarczak, C.*, Stueck, Z.*, & **Porter, H.** (2017). Bibliotherapy for negative symptoms of schizophrenia. Recreational Therapy Evidence-Based Practice Day Conference, Temple University, Phila., PA
15. Forcellini, E.*, McGrath, K.*, Moody, J.*, & **Porter, H.** (2017). Adaptive sports for decreasing sedentary behavior in veterans with combat-related amputations. Recreational Therapy Evidence-Based Practice Day Conference, Temple University, Phila., PA

16. Gallagher, M.* , Martin, G.* , & **Porter, H.** (2017). Aquatic therapy for gross motor functioning among children with cerebral palsy. Recreational Therapy Evidence-Based Practice Day Conference, Temple University, Phila., PA
17. Marinucci, R.* , Verrall, J.* , & **Porter, H.** (2017). Wii video games for functioning in older adults with dementia. Recreational Therapy Evidence-Based Practice Day Conference, Temple University, Phila., PA
18. Puma, L.* , Woltemate, M.* , & **Porter, H.** (2017). Music interventions for social skills in children with autism. Recreational Therapy Evidence-Based Practice Day Conference, Temple University, Phila., PA
19. DeFazio, V.* & **Porter, H.** (2017). Barriers and facilitators to physical activity for youth with cerebral palsy. Recreational Therapy Evidence-Based Practice Day Conference, Temple University, Phila., PA
20. King, J.* & **Porter, H.** (2017). Outcomes of camp participation for youth with cancer. Recreational Therapy Evidence-Based Practice Day Conference, Temple University, Phila., PA
21. **Porter, H.** (2016). Using and building evidence-based practice in RT. Invited presentation for the Pennsylvania Therapeutic Recreation Society, Lancaster, PA (*Listed as a “featured” speaker in the conference program).
22. **Porter, H.** (2016). Neuroplasticity interventions for rehabilitation of individuals with neurological impairment. Invited presentation for the Pennsylvania Therapeutic Recreation Society, Lancaster, PA (*Listed as a “featured” speaker in the conference program).
23. **Porter, H.** & Hsieh, P. (2015). Standardized assessment tools: Resources and simple data analysis. Invited presentation for the New Jersey/Eastern Pennsylvania Therapeutic Recreation Association Annual Conference, Edison, NJ.
24. Stuhl, A.* & **Porter, H.** (2015). Riding the waves: Therapeutic surfing to improve social skills in children with autism. Recreational Therapy Evidence Based Practice Day Conference at Temple University, Phila., PA
25. Decker, K.* & **Porter, H.** (2015). Outcomes of pediatric burn camps: A literature review. Recreational Therapy Evidence Based Practice Day Conference at Temple University, Phila., PA
26. Cooper, V.* & **Porter, H.** (2015). A comparison of the scope of practice of recreational therapy and child life to identify areas for collaboration and future research. Recreational Therapy Evidence Based Practice Day Conference at Temple University, Phila., PA
27. Hartman K.* & **Porter, H.** (2014). The impact of outdoor programming on positive affect and perceived self-awareness in veterans with traumatic brain injury. Recreational Therapy Evidence Based Practice Day Conference at Temple University, Phila., PA
28. **Porter, H.** (2014). Recreational therapy licensure in Pennsylvania (part of Keynote session). Invited presentation for the New Jersey/Eastern Pennsylvania Therapeutic Recreation Association Annual Conference, Edison, NJ.
29. **Porter, H.** & Hsieh, P. (2014). Constraint induced movement therapy in recreational therapy practice. New Jersey/Eastern Pennsylvania Therapeutic Recreation Association Annual Conference, Edison, NJ.
30. Lin, J.* & **Porter, H.** (2014). Balance confidence and social activity in older adults with lower extremity amputation: A systematic review. Recreational Therapy Evidence Based Practice Day Conference at Temple University, Phila., PA
31. Ropars, K.* & **Porter, H.** (2013). Social skills training for children with developmental disabilities: Evidence-based practice. Recreational Therapy Evidence Based Practice Day Conference at Temple University, Phila., PA
32. Costello, J.* & **Porter, H.** (2013). Multi-sensory motor interventions for behavior management in individuals with dementia in residential settings: Evidence-based practice. Recreational Therapy Evidence Based Practice Day Conference at Temple University, Phila., PA
33. **Porter, H.** (2013). Recreational therapy licensure in Pennsylvania. Invited presentation for the New Jersey/Eastern Pennsylvania Therapeutic Recreation Association Annual Conference, Edison, NJ.
34. Holbert, J.* & **Porter, H.** (2013). Obesity management in spinal cord injury through leisure time physical activity. Recreational Therapy Evidence Based Practice Day Conference at Temple University, Phila., PA
35. Holbert, J.* & **Porter, H.** (2013). Obesity management in spinal cord injury through leisure time physical activity. New Jersey Eastern Pennsylvania Therapeutic Recreation Association Annual Conference, Edison, NJ

36. Hartman, K.* & **Porter, H.** (2013). Benefits of social support for individuals with spinal cord injury. Recreational Therapy Evidence Based Practice Day Conference at Temple University, Phila., PA
37. Hartman, K.* & **Porter, H.** (2013). Benefits of social support for individuals with spinal cord injury. New Jersey Eastern Pennsylvania Therapeutic Recreation Association Annual Conference, Edison, NJ
38. Ferrante, M.* & **Porter, H.** (2013). Behavior management in children and adolescents with traumatic brain injury through antecedent interventions within applied behavior analysis. Recreational Therapy Evidence Based Practice Day Conference at Temple University, Phila., PA
39. Ferrante, M.* & **Porter, H.** (2013). Behavior management in children and adolescents with traumatic brain injury through antecedent interventions within applied behavior analysis. New Jersey Eastern Pennsylvania Therapeutic Recreation Association Annual Conference, Edison, NJ
40. Tosti, E.* & **Porter, H.** (2013). Therapeutic benefits of sports participation for individuals with combat related lower extremity amputation. Recreational Therapy Evidence Based Practice Day Conference at Temple University, Phila., PA
41. Tosti, E.* & **Porter, H.** (2013). Therapeutic benefits of sports participation for individuals with combat related lower extremity amputation. New Jersey Eastern Pennsylvania Therapeutic Recreation Association Annual Conference, Edison, NJ
42. **Porter, H.** (2011). The International Classification of Functioning, Disability, & Health (ICF): Basic Coding Proficiency & Application. Invited “full-day” conference for the New Jersey/Eastern Pennsylvania Therapeutic Recreation Association Annual Conference, Edison, NJ.
43. **Porter, H.** (2010). Key opportunities for recreational therapy with the international classification of functioning, disability, and health. Invited presentation for the New Jersey/Eastern Pennsylvania Therapeutic Recreation Association Annual Conference, Edison, NJ.
44. **Porter, H.** (2009). Obtaining personal meaning through leisure. Invited presentation for the New Jersey/Eastern Pennsylvania Therapeutic Recreation Association Annual Conference, Edison, NJ.
45. **Porter, H.** (2005). The international classification of functioning, disability, and health: New directions for therapeutic recreation practice. Invited presentation for the New Jersey/Eastern Pennsylvania Therapeutic Recreation Association, Edison, NJ.
46. **Porter, H.** (2004). Neuroplasticity interventions for recreational therapy. Invited presentation for the New Jersey/Eastern Pennsylvania Therapeutic Recreation Society, Edison, NJ.

College/University

1. Cheesman, W., Egan, B., Frankel, A., Friedman, L., Harris, K., Ibrahim, J., Mansell, J., **Porter, H.**, Scarpulla, M., & Stewart, A. (all presenters equal) (2020). Virtual town hall: Teaching check-in #2. Invited panel presentation about online teaching strategies to help faculty during COVID-19.
2. Cheesman, W., Egan, B., Frankel, A., Friedman, L., Harris, K., Ibrahim, J., Mansell, J., **Porter, H.**, Scarpulla, M., & Stewart, A. (all presenters equal) (2020). Virtual town hall: Teaching check-in #1. Invited panel presentation about online teaching strategies to help faculty during COVID-19.
3. Ibrahim, J., **Porter, H.**, Friedman, L., Egan, W., Harris, K., Ford, L., Frankel, A., Mansell, J., Scarpulla, M., & Cheesman, W. (all presenters equal) (2020). CPH online teaching webinar to help faculty during COVID-19.
4. **Porter, H.** (2020). Proctorio demonstration. Panel member, representative for CPH. Temple University, Phila., PA
5. **Porter, H.** (2019). “I see you cheating!”: Proctorio, technology based exam proctoring. Temple University’s Annual Conference on Teaching Excellence, Temple University, Phila., PA
6. **Porter, H.** (2015). Kahoot: An innovating teaching tool. First Annual Teaching Showcase, College of Public Health, Temple University, Phila., PA.

Guest Lectures

1. **Porter, H.** (2020). ATRA dephi and competencies study. Invited lecture for RCTH 3196 Research and Evaluation in Recreational Therapy Section 001 course at Temple University
2. **Porter, H.** (2019). ATRA dephi and competencies study. Invited lecture for RCTH 3196 Research and Evaluation in Recreational Therapy Section 002 course at Temple University
3. **Porter, H.** (2019). ATRA dephi and competencies study. Invited lecture for RCTH 3196 Research and Evaluation in Recreational Therapy Section 001 course at Temple University

4. **Porter, H.** (2019). State of recreational therapy licensure. Invited lecture for RCTH 3101 Recreational Therapy Professional Seminar II course at Temple University
5. **Porter, H.** (2019). ATRA's delphi and competencies study. Invited lecture for RCTH 3196 Research and Evaluation in Recreational Therapy course at Temple University
6. **Porter, H.** (2016). Introduction to recreational therapy. Invited lecture for HRPR 1001 The Way We Live, Work, and Play course at Temple University.
7. **Porter, H.** (2015). Widening the lens. Invited lecture for Intro to Health Professions course at Temple University.
8. **Porter, H.** (2014). Seated exercise for individuals with disabilities. Invited lecture for Recreational Therapy Modalities course at Temple University.
9. **Porter, H.** (2014). Using Camtasia Relay as a teaching method. Invited lecture/discussion for Dept of Rehab Sciences, Temple University, Phila., PA.
10. **Porter, H.** (2014). A career in education. Invited lecture/discussion at New Foundations Charter Elementary School's Career Camp Program, Phila., PA.
11. **Porter, H.** (2013). Seated exercise for individuals with disabilities. Invited lecture for Recreational Therapy Modalities course at Temple University.
12. **Porter, H.** (2013). Widening the lens. Invited lecture for Intro to Health Professions course at Temple University.
13. **Porter, H.** (2013). A career in recreational therapy. Invited lecture/discussion at New Foundations Charter High School, Phila., PA.
14. **Porter, H.** (2012). Widening the lens. Invited lecture for Intro to Health Professions course at Temple University.
15. **Porter, H.** (2012). Recreational Therapy Major at Temple. Invited speaker at Temple's CHPSW Open House.
16. **Porter, H.** (2012). Recreational Therapy Major at Temple. Invited speaker at Experience Temple Day.
17. **Porter, H.** (2011). Widening the lens. Invited lecture for Intro to Health Professions course at Temple University.
18. **Porter, H.** (2010). Widening the lens. Invited lecture for Intro to Health Professions course at Temple University.
19. **Porter, H.** (2009). Achieving your dreams: Reaching your career goals. Invited lecture/discussion at Community Education Partners for at-risk troubled adolescents.
20. **Porter, H. & Garnick, J.** (1994). Community integration review. Invited lecture for medical students preparing for board exams at Thomas Jefferson University, Philadelphia, PA.
21. **Porter, H. & Garnick, J.** (1993). Community integration review. Invited lecture for medical students preparing for board exams at Thomas Jefferson University, Philadelphia, PA.

CONFERENCES/TRAININGS/WORKSHOPS CREATED

Recreational Therapy Evidence-Based Practice Day Conference at Temple University

2021; Conference Chair/Coordinator; 1st year hosting conference virtually; international draw; 3 BSRT, 1 +1, & 30 MSRT students presented research

2020; Conference Chair/Coordinator (canceled one month prior to scheduled date due to COVID-19)

2019; Conference Chair/Coordinator, 26 BSRT, MSRT & 4+1 students presented research

2018; Conference Chair/Coordinator, 28 BSRT, MSRT, & 4+1 students presented research

2017; Conference Chair/Coordinator, 32 BSRT, MSRT, & 4+1 students presented research

2016; Conference Chair/Coordinator, 24 MSRT and 4+1 students presented research

2015; Conference Chair/Coordinator, 27 MSRT and 4+1 students presented research

2014; Conference Chair/Coordinator, 23 MSRT and 4+1 students presented research

2013; Conference Chair/Coordinator, 14 MSRT and 4+1 students presented research

Constraint Induced Movement Therapy (CIMT) Training for Recreational Therapists

2014; Conference Chair/Coordinator, first host site for recreational therapy CIMT training. *No workload release or stipend received for organizing the training.

SERVICE

PROGRAM Committees/Task Forces/Teams

2009-Present; Member, MSRT Graduate Faculty Committee
2017-2018; Member, MSRT Online Committee
2018; Member, Recreational Therapy Undergraduate Curriculum Committee
2017; Member, Faculty Search Committee for Recreational Therapy Program at Temple
2014; Member, Faculty Search Committee for Recreational Therapy Program at Temple

DEPARTMENT Committees/Task Forces/Teams

2011-2012; Member, Academic Planning Committee for Dept. of Rehabilitation Sciences
2011-2012; Chair, Program Evaluation Committee for Dept. of Rehabilitation Sciences at Temple
2010; Co-Coordinator, Center for Obesity Research and Education & Dept. of Rehabilitation Sciences Collaboration

COLLEGE Committees/Task Forces/Teams

2020; Health & Rehabilitation Sciences Event Committee, College of Public Health
2019; Member, Paley Classroom Focus Group, College of Public Health
2018; Member, Polling & Exam Proctoring Committee, College of Public Health
2015-Present; Member, Non-Tenure Track Promotion Committee
2014-Present; Member, Teaching Excellence Committee for the College of Public Health
2017-2018; Member, College of Public Health Interprofessional Education Committee
2015; Member, Non-Tenure Track Faculty Work Effort Policy Committee for College of Public Health
2014; Member, Summer Workgroup V preparing for accreditation of CHPSW as a College of Public Health
2012-2013; Member, Mobile Technology Committee for CHPSW

UNIVERSITY Committees/Task Forces/Teams

2020; Member, Assessment Planning Committee
2018-Present; Member, Lindback Distinguished Teaching Award Committee
2018; Member & Co-Chair, Tuition Benefits for Dependent Children Committee, Temple University
2015-2016; Chair, Tuition Benefits for Dependent Children Committee, Temple University

PROFESSION Committees/Task Forces/Teams

2021-Present; Reviewer, ATRA's Intervention Research Registry
2020-Present; Chair, ATRA's Research Collaborative
2019; National Council for Therapeutic Recreation Certification (NCTRC) Item Writing Committee
2016-Present; Alternate Representative for ATRA, Joint Commission's Hospital Professional and Technical Advisory Committee (PTAC)
2004-Present; Member, ATRA's World Health Organization/International Classification of Functioning, Disability and Health Team
2015-2016; Lead Chair, Physical Rehabilitation & Medical Section for ATRA
2014-Present; Chair, Recreational Therapy Licensure for Pennsylvania Committee
2013-2015; Co-chair, ATRA's Evidence Based Practice Task Force
2013; Co-Chair of the New Jersey/Eastern Pennsylvania Therapeutic Recreation Association Annual Fall Conference
2010-2013; Chair, ATRA's World Health Organization/International Classification of Functioning, Disability and Health Team
2008; Member, ATRA Competencies Committee
2007; Member, ATRA Accreditation Committee
2006; Member, NCTRC Job Analysis Pilot Survey

INTERDISCIPLINARY PROFESSIONAL Committees/Task Forces/Teams

2015-Present; Member, Community of Practice on Evidence (Center on Knowledge Translation for Disability and Rehabilitation Research – KTDRR)
2017; Invited Member, National Rehab Taxonomy Work Group

COMMUNITY Committees/Task Forces/Teams

2009; Chair, Resurrection of Our Lord Elementary School Computer Lab Renovation
2008; Chair, Resurrection of Our Lord Elementary School Library Renovation
2007; Chair, Resurrection of Our Lord Elementary School Pre-School Program Development
2007; Chair, Resurrection of Our Lord Elementary School Script Program Development
2007: Chair, Resurrection of Our Lord Elementary School & Church Block Party (1K+ people)
2006-2013; Chair, Resurrection of Our Lord Elementary School Father-Daughter Dance

Faculty Mentoring

2021; Mentored adjunct instructor for RCTH 3096 RT Assessment & Documentation; Julianne Hirst
2019 & 2020; Mentored full-time RT faculty member to flesh-out student research projects for RCTH 5212 Play & Pediatric Development; Heather Burket
2016-2017; Mentoring of all FT and PT Program faculty, including 3 new adjuncts, related to teaching became my responsibility for the 2016-2017 academic year with promotion to interim Co-Program Director
2013-2016; Mentored a fellow faculty member in teaching techniques, problem solving for teaching/classroom issues, and professional development

Student Award Mentoring

2021; RT Wise Owl Award; Rebecca Thompson
2020; National Academy of Recreational Therapists Future Scholars Program; Nicholas Wahl - Awarded
2014; Temple University Dental Hygiene Alumni Club Award; Brian Schad (monetary award for non-traditional student with strong GPA and community service) - Awarded
2012; Temple University Writing Intensive Prize; Christine Atieno Oyamo (monetary award for a student who has made significant gains in writing skills) – Not awarded
2011; Temple University Dental Hygiene Alumni Club Award; Genee Atwater (monetary award for non-traditional student with strong GPA and community service) – Awarded

Student Recognition Mentoring

2019; Contacted and advocated for Communications and Marketing within the College of Public Health to write a [story](#) about Gabrielle Savidge, an RT student who started a Girls on the Run Chapter at an elementary school

Consultations for Organizations

2021; Sheltering Arms Physical Rehabilitation Centers; Richmond, VA
2020; Truman Medical Center (TMC) Behavioral Health's New Frontiers Tennis Program; Kansas City, Missouri.
2020; Service Member Transitional Advanced Rehabilitation Team (STAR); Richmond, VA
2019; Sheltering Arms Physical Rehabilitation Centers; Richmond, VA
2018; Hebrew Rehabilitation Center; Boston, MA
2016; Camilla Hall; Malvern, PA
2015; Abramson Center for Jewish Life; North Wales, PA
2014; United Way; Madison, WI
2006; Kids Club program at Northeast Racquet Club & Fitness Center; Phila., PA

Consultations for Research

2021; RecFit Solutions; Kansas City, Missouri
2021; Pure Abilities LLC; Fort Wayne, IN
2020; The HSC Pediatric Center; Washington, DC.
2020; Laurel Ridge Treatment Center; San Antonio, Texas
2019; Mid Sweden University; Ostersund, Sweden

Consultations for Employment of Recreational Therapists

2015; Penn State Milton S. Hershey Medical Center; Hershey, PA
2015; Public elementary school; Phila., PA
2015; Melmark School; Berwyn, PA

Consultations for Recreational Therapy Licensure

2020; California
2018; Minnesota
2018; California
2017; Minnesota

RECOGNITION & AWARDS

Teaching Awards

2017; Recipient of the Lindback Distinguished Teaching Award from Temple University
2013; Recipient of the Excellence in Teaching Award from the College of Health Professions & Social Work (renamed the College of Public Health) at Temple University
2012; Excellence in Education Award to Temple University's Recreational Therapy Program from the American Therapeutic Recreation Association (program award)

Professional Awards

2020; Elected as a 'Fellow, Distinguished in Recreational Therapy (FDRT)' in the National Academy of Recreational Therapists (NART), an honorific society for the most accomplished leaders in Recreational Therapy
2016; Recipient of the American Therapeutic Recreation Association, Member of the Year Award for contributions to the advancement of the RT profession
2015; Recipient of the New Jersey/Eastern Pennsylvania Therapeutic Recreation Association Certificate of Service Award for performing as an Outstanding Professional in providing excellent service in volunteering for advancement in the RT professional field
2015; Recipient of the Pennsylvania Therapeutic Recreation Society Presidential Citation Award for efforts and performances throughout the year that were adjudged to be outstanding by the President

Awards Created

2020; Created the RT Wise Owl Award; a competitive monetary award for RT students who demonstrate a commitment to RT evidence-based practice. Award is funded through profits from the annual RT Evidence-Based Practice Day Conference.

PROFESSIONAL MEMBERSHIP

American Therapeutic Recreation Association (ATRA)
National Academy for Recreational Therapists (NART)
New Jersey/Eastern Pennsylvania Therapeutic Recreation Association (ATRA Chapter Affiliate)